

Coast & Canyon Weekend

What kit do I need to bring?

- A good pair of grippy trainers, old walking boot or canyoning shoes – NO crocs or sandals
- Clothing for the pub
- Swimsuit & large towel for changing in
- Towels
- Sunglasses with glasses strap or string
- Personal medication if any
- Reusable water bottle
- Wash kit
- Suncream & lip balm
- Insect repellent
- Book or playing cards