

The Sottish Beast



What kit do I need to bring?

- A good 60ltr holdall/large rucksack/suitcase
- 30/40ltr rucksack for challenges
- A good pair of worn in walking boots & proper walking socks and Wet shoes (no flipflops or jelly shoes)
- Proper mountain waterproof jacket (with hood) & trousers
- Suitable clothing e.g.: base layer top, skins, light fleece or wool jumper, trousers, hat and scarf, cap for sunny days
- Sturdy trainers or wellies (colder weather only)
- Clothing for the pub
- Towels
- Sunglasses with glasses strap or string
- Fingerless cycling gloves or neoprene gloves
- Small cushion or travel pillow for comfort
- Personal medication if any
- Reusable water bottle
- Head torch with spare batteries
- Wash kit
- Suncream & lip balm
- Insect repellent
- Book or playing cards.

Advice

- The weather is highly changeable in Scotland and even more so in the mountains, so we advise you to pack everything listed you could be cycling in a t-shirt one hour and an hour later be on a boat filling up with water and ice from a severe sleet storm with howling gales and need a fleece, hat, gloves and waterproofs on! This is THE BEAST after all.
- Our guide will let you know pre-activity departure if the weather conditions are particularly extreme but as this trip is multi activity , multi terrain and multi area it will require some shopping, planning and testing of your kit to ensure you are ready for the Highland Weather!!