

Wicked Watersports Weekend

What kit do I need to bring?

- A good pair of grippy trainers, old walking boot or canyoning shoes – NO crocs or sandals
- A good 20/40ltr Rucksack
- Warm waterproof jacket (with hood) & trousers (allow the knee to be lifted without restriction)
- Suitable clothing e.g.: base layer top, skins, light fleece or wool jumper, trousers
- Fingerless cycling gloves or neoprene gloves
- Small cushion or travel pillow for comfort
- Clothing for the pub
- Swimsuit & large towel for changing in
- Towels
- Sunglasses with glasses strap or string
- Personal medication if any
- Reusable water bottles
- Wash kit
- Suncream & lip balm
- Insect repellent
- Book or playing cards.